

# Algarve Beauty School

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BEAUTY FOR PROFESSIONALS



The Indian Head Massage you can do as a workshop IF you have the City and Guilds or other professional equivalent Body Massage Course. The workshop is one and half days, with 2/ 3 weeks in between the days to practice.

You will get a manual on the first day, with the History of Indian Head Massage and the effects and benefits of the treatment, as well as contra indications and contra actions and you will get the treatment routine.

On a practical level you will feel the techniques and practice the techniques and then you will go away and practice the techniques at home, or you can use the centre for practice.

You will do a minimum of 9 treatments in-between the first day of learning and the second day, which is a half day for assessment.

We can set a date for the learning for when you want to go ahead with the course.

The first day will be from 10am - 4pm, with half an hour for lunch.

Then you practice for 2/3 weeks. Doing 9 treatments. I would encourage you to practice at the centre at least once, or to complete one of your case studies (3 treatments on one person) there - where you can grab me and ask for guidance or reminders if needed.

The 2nd day is a half day, 3 and a half hours, which we can set for a time that suits us both, and will be for your assessment.

We now run our courses on a one to one basis where you book your time and days based on when you want to do it and when we have available. So, you and me agree on a date we are both free to do it. I charge 30€ per hour + IVA per learner. So your course per person will cost 165€ + IVA for the first day AND 105€+IVA for the second day.

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Total: 255 euro + IVA

I will always see if anyone else wants to join us as it's always more fun with more than one learner.

If you have any questions please just ask. And if you want to book, let's set a date we can do. I can do Mondays or Fridays, so just check your diary and get booked in.